



We hope these coloring pages offer you space for prayer and reflection, for listening to God's voice within you. May it be a helpful tool in your discernment.

What is discernment, you ask?

Discernment is something we enter into when we are faced with making a serious decision. It is the process of gathering information, talking to people, thinking and praying a lot in order to make a wise decision. Good discernment is a process. It happens over time and cannot be forced or hurried. During discernment, we sift through all the information available to us in order to find, as best we can, where the spirit of God, the spirit of truth, may be leading us. Prayer, journaling and having a wise spiritual friend to reflect with can all be vital tools in discovering where God is calling you.

Happy discerning! God bless you on your journey.

Would you like to talk to a Sister of Providence about your discernment journey?

Contact Sister Joni Luna at 361-500-9505 or jluna@spsmw.org.

Sisters of Providence of Saint Mary-of-the-Woods, Indiana

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“This is what our God asks of us, only this: To act justly, to love tenderly, and to walk humbly with our God.” - *Micah 6:8*
